Anti-Bullying Responsibilities Chart

Victim	Student Bystander	Teacher	Administrator	Counselor	Parent
Talk to your parents or an adult you can trust, such as a teacher, school counselor, or principal	Refuse to join in if you see someone being bullied	Create a climate that does not tolerate bullying	Create a climate that does not tolerate bullying	Create a climate that does not tolerate bullying	Be aware of your child's actions and relationships
It's not useful to blame yourself for a bully's actions	Attempt to defuse bullying situations when you see them starting up.	Be visible in the halls.	Be visible Increase supervision in areas that are known "hotspots" for bullying, including the cafeteria.	Provide skills for students to deal with bullying behavior.	Maintain open communication with your child
Act confident. Hold your head up, stand up straight, make eye contact, and walk confidently. Do not engage in retaliation.	If you can do so without risk to your own safety, get a teacher, parent, or other responsible adult to come help immediately.	Recognize all types of bullying behavior	Implement a system that reinforces positive behavior.	Monitor Bullying Tracking Form.	Communicate information to the school
Try to make friends with other students	Speak up and/or offer support to bullied teens when you witness bullying.	Provide skills for students (victim, bystander, and bully) to deal with bullying behavior.	Remove the social power of bullies through consistent enforcement of anti- bullying code of conduct.	Provide information and resources to parents.	Coach positive problem-solving techniques with child
Avoid situations where bullying can happen	Encourage the bullied victim to talk with parents or a	Log bullying behavior on Bullying Tracking	Monitor Bullying Tracking Form.	Communicate with parents of victims and bullies.	

	trusted adult.	Form.		
If necessary, take			Communicate with	
steps to rebuild			parents of victims and	
your self-			bullies.	
confidence				
Do not resort to				
violence or carry a				
gun or other				
weapon				

S upport students who have been subjected to bullying.

T each by example treating other students with respect.

O pen my eyes and be alert to all incidents of bullying.

P revent bullying by reporting any suspicious behavior.